



Salt Spring Stingrays Invitational Swim Meet
July 13 and 14
2024

Location: 262 Rainbow Road, Salt Spring Island, BC
“Rainbow Road Pool”

Meet Manager: Shelly Johnson
Meet Referee: Jim Walsh

- Swim Meet Course:** 25 meters, 6 lanes, starting blocks, Dolphin timing system
- Rules:** British Columbia Summer Swim Association (BCSSA) rules and regulations will apply.
- Entries:** Club entries must be received by 10 PM, Monday July 8, 2024. Please e-mail club entries and database to shellyj@saltspringstingrays.com and include a club roster list for deck entries.

INSTRUCTIONS FOR MEET ENTRIES:

1. All swimmers must be registered with BCSSA.
2. **Entry Times:** Please enter swimmers in correct division and category. Swimmers are to be entered with their current fastest official BCSSA times. Swimmers will be seeded according to time. If the swimmer has not swum the event before, they must be entered as NT. Do not make up times!
3. **TIMED FINALS - Swimmers may enter** a maximum of 6 individual events (Div 5+ may enter 7 events) and 2 relays.
4. Attempts will be made to combine events (S and/or O-Cat) to ensure swimmers do not race alone. Results will be separated based on division/category.
5. **Novice:** A novice is defined as a swimmer who takes 30 seconds or more to complete 25 metres of the pool in the specified stroke. Please note that Novice/25m events will be at the beginning of each day's events--free and fly on Saturday, back and breast on Sunday. Please send a list of novice swimmers. You do not need to enter novices in HyTek.

6. **Relays:** Relay teams will be seeded in their appropriate Division. **Relay entry cards must be handed in** to the Meet Clerk by 10:00 am Saturday and 10:00 am Sunday.

NOTE: Saturday relays will be regular Medley relays; Sunday relays will be regular Freestyle relays.

7. **Parent Medley Relay** will be held at end of day Saturday. BCSSA Registration forms available from Meet Clerk. Forms must be completed and fees paid in full to the Meet Clerk **by Noon Saturday** via cash or cheque payable to SS Aquatic Society. Fee of \$20. Do not enter teams using Hy-Tek.

8. **Marshalling:**

- Div 1-3 and OCAT 1 individual events will be marshalled
- Div 4-8 and OCat 2 individual event swimmers will be responsible for signing in at Marshalling and reporting behind the block in time for their race. **Please remind** swimmers to check in with lane timers prior to race in event of last minute changes
- Full marshalling for relays – ALL Divisions.

SCRATCHES and DECK ENTRIES:

- Must be submitted to the Meet Clerk by **9:00 AM Saturday** and **9:00 AM Sunday**. No refunds for missed or scratched events. **Athlete’s BCSSA # and birth date must be provided** if you do not send a club roster with your entries.
- **Deck entries** have to be entered manually on the pool deck using deck entry forms. As a result, deck entries may not be able to swim with their age group or gender. There will be no deck entries accepted after 9:00 am Saturday and 9:00 am Sunday.

****Please submit Novice swimmers list to Meet Clerk by 9:00 AM Saturday and 9:00 AM Sunday.***

MEET FEES:	
All fees payable to “ SS Aquatic Society ”. Fees to be Submitted to the Meet Clerk by 11:30 am Sunday .	
Novices	No charge (for 25m events)
Individual Events	\$ 8.00
Deck Entries:	\$12.00
Relays	\$10.00/team
Parent Relays	\$20.00/team + Registration Forms

Parent Relays: Your cooperation completing your individual registration forms and printing them off prior to attendance is greatly appreciated. See form for download at:

https://www.bcsummerswimming.com/files/ugd/4e7dac_96f0fb5a50c8470a835dd6bad2a76c97.pdf

<u>SATURDAY, JULY 13, 2024</u>		<u>SUNDAY, JULY 14, 2024</u>	
8:30-8:50AM	GROUP A WARM UP	8:30-8:50AM	GROUP C WARM UP
8:50-9:10AM	GROUP B WARM UP	8:50-9:10AM	GROUP B WARM UP
9:10-9:30AM	GROUP C WARM UP	9:10-9:30AM	GROUP A WARM UP
9:15-9:30AM	OFFICIALS' MEETING	9:15-9:30	OFFICIALS' MEETING
9:30-9:45	COACHES' MEETING	9:30-9:45AM	COACHES' MEETING
10:00AM	START HEATS	10:00 AM	START HEATS

Note: Both days will begin with Novice events to ensure smooth running of the meet. There will be no meal/lunch breaks

All clubs will be notified of their Group assignments via e-mail on Thursday July 12th, based on the number of swimmers registered.

SATURDAY EVENTS	SUNDAY EVENTS
25 - Novice Free	25 Novice Back
25 - Novice Fly	25 Novice Breast
100 IM (Div 1-3/OCAT 1) 200 IM (Div 4-8/OCAT 2)	50m Fly (Div 5-8)
50 Free (Div 1-8, OCAT 1 & 2)	50 Back (Div 1-3, OCAT 1) 100 Back (Div 4-8, OCAT 2)
50 Fly (Div 1-4) 100 Fly (Div 5-8, OCAT 2)	50 Breast (Div 1-3, OCAT 1) 100 Breast (Div 4-8, OCAT 2)
200 Medley Relay (Div 1-8, OCAT 1 & 2)	100 Free (Div 1-8, OCAT 1 & 2)
Parent Medley Relay	200 Free Relay (Div 1-8, OCAT 1&2)

AWARDS

- Individual Events - 1st through 6th place Ribbons
- Relay Events – Individual Ribbons: 1st, 2nd and 3rd
- Novice Events - Participation Ribbons and treats
- As per Vancouver Island Region Policy, no positional awards or race times will be given or posted for 25m events.

HEAT SHEETS and RESULTS

1. Heat Sheets will be distributed to VI Region team presidents.
2. Results will be posted outside the pool lobby as they become available.
3. Ribbons may be available for pick-up by Team representative at the Information desk at the front lobby after 3:00pm on Sunday.
4. Meet Results will be sent by email and posted to the VI Region & BCSSA websites.

OTHER INFORMATION:

Special Raffle

Parking spots and Seating in the race viewing area are both VERY limited at the Salt Spring pool.

With our visiting families in mind, we are having a raffle to help out!

[Buy raffle tickets online](#)

VIP Seating Raffle Tickets!

View the races right beside the pool on a cushioned comfy bench!

5 people can comfortably sit here, and the seats will always be waiting for you. Or go by yourself and stretch out on the pillows!

VIP Parking Raffle Tickets!

This parking spot right in front of the entrance is reserved for our winners all day long!

Going back to the car to get something is suddenly so easy! Come and go as you wish without losing your spot.

Buy raffle tickets for just the VIP parking, or just the VIP Seating. Only Saturday, or only Sunday.

Or think big and buy our weekend bundles of tickets for everything! Small, Large and Gigantic packages available for easy one click raffle ticket buying. Winners will be notified by email just before the meet.

Buy online now.

<https://saltspringmeet.square.site/>

Support the Salt Spring team and enjoy the meet in luxury at the same time!

Timers: Each club is responsible for supplying timers. Lane assignments will be posted at the pool. This meet cannot run without volunteers. All timers must be a minimum 16 years of age. Volunteers are asked to bring reusable, non-glass cups and water bottles with lids, for their own use to reduce waste.

- **Parking/Drop-Off:** Please follow guidance of Parking Marshalls. Limited space available at the pool.

- You may drop off your swimmer(s) and gear at/near main entrance to pool, then park at Gulf Islands Secondary School, 262 Rainbow Road (one block away). Roadside parking is **strongly discouraged** to avoid traffic congestion on our busy and narrow roads.
- In team and concession areas, please **follow directional signs** to ensure safety.
- Keep all pathways clear of debris and congestion.
- No camping or overnight parking permitted at pool.
- Porta potties will be available for use outside the pool building near the Heron's Nest building (back of on-site parking lot) to accommodate water restrictions.
- Do not leave personal belongings unattended in change rooms or other public areas.
- Club tents permitted on grass at front and back of pool. The exterior West wall area of the pool (behind diving blocks) must be left clear at all times.
- Please do not hang anything or climb on trees.
- There is a FIRE BAN and SEVERE WATER RESTRICTIONS are in place.
- Please keep your area clean using containers provided - litter pick-up and recycling is your responsibility.
- Overnight: Any items left on site overnight are not the responsibility of the SSI Stingrays Swim Team. There may be individuals travelling through the park during the night and early morning hours. Any belongings left on site are left at your own risk.
- Please be courteous to our neighbours by keeping noise down.
- **Regarding Animals** – In the event of extreme weather, please be aware there is little shade available. Please consider this before bringing your pets to this event. Any pets must be on leash and supervised at all times. No exceptions.

CONCESSION/FOOD SERVICES:

- A variety of options (including some gluten free & vegetarian) will be available at the Club concession & of course the ever-famous **Fruitsicles!** Please Bring Cash!
- Fabulous Raffle
- Please reduce recycling by bringing your refillable water bottle (with your name on it).

New this year: Bicycle Smoothies!!!

DISQUALIFICATIONS

Disqualifications will be administered as per BCSSA rules. Please remember that officials make every effort to inform coaches as quickly as possible of any disqualifications, preferably no longer than 15 minutes. However, at times there may be circumstances where it will take a bit longer – please be patient and respectful with officials.

Novice swimmers will not be disqualified

The Working Deck

The deck surrounding the sides and entrance end of pool will be the “working deck” and is out of bounds for all but working officials during the meet. As per BCSSA rules, unauthorized intrusion into such areas by athletes, coaches, or any other persons may warrant, at the discretion of the Meet Referee, disqualification from all remaining events in the meet or expulsion from the pool for the remainder of the meet.

CAMPING AND ACCOMMODATIONS:

NOTE: Due to the possibility of ferry sailings being cancelled (staff shortages etc), it is strongly recommended that accommodations be arranged for Friday evening. Travelling Saturday or Sunday morning to the island will be risky.

CAMPING – Contact: lrithaler@telus.net

Accommodations are in high demand and can be pricey. The Rithaler family will once again host swim families to camp on their farm as a Team Fundraiser for the SSI Stingrays. The cost is \$35/night. This is available for individual families or groups who wish to camp together. Self-contained units are welcome. There is plenty of room. Porta potties and fresh water available on site. Positively no fires, smoking or open flames permitted due to extreme fire hazards. Please contact Loretta at lrithaler@telus.net for further details **by July 8, 2024**. to ensure space availability. Separate information package to follow.

OTHER ACCOMMODATION INFO:

www.saltspringtourism.com

<https://saltspringaccommodation.ca>

FERRY INFO:

www.bcferries.com

*****NOTE:** BC Ferry services on weekends often have overloads. **Plan to arrive Early.**

<p>Salt Spring Island Stingrays Swim Club reserves the right to cancel events if the meet runs overtime or if the weather turns inclement.</p>
