



Campbell River Salmon Kings Invitational Swim Meet July 5th – 6th, 2025

Location:	Centennial Outdoor Pool, 230 4 th Ave., Campbell River
Course:	25 metres, 6 lanes, starting blocks, Dolphin Timing System
Meet Manager:	Lisa Walls (president@campbellriversalmonkings.ca)
Meet Entries:	Beth Pechter (registrar@campbellriversalmonkings.ca)
Meet Referee:	Ed Walls

Disclaimer: *Statements made in this meet package shall not override any BCSSA or Vancouver Island Regional rule or policy.*

Meet Type:

Timed finals. Heats for individual events will be seeded into two groups according to entry times. We hope this will ensure everyone has a great race and that we use our pool time/space efficiently. Results will be separated by Division/Category. The two groups are as follows:

- Divisions 1-3 and O-Category 1
- Divisions 4-7, O-Category 2, and O-8 (including O-10 Masters swimmers)

Div. 1-3 and O-Cat. 1 swimmers will be marshalled. Div. 4-7 and O-Cat 2 and O-8 swimmers are responsible for getting themselves to the correct starting block at the right time.

All relays will be marshalled. **Announcements are courtesy calls only.*

Meet Schedule:

TIME	SATURDAY	SUNDAY
8:00am	Deck entries and scratches due	Deck entries and scratches due
7:40am	Warm-Up: Host Club	Warm-Up: Host Club
8:00am	Warm-Up: Group A	Warm-Up: Group B
8:20am	Warm-Up: Group B	Warm-Up: Group A
8:00am	Officials' Meeting	Officials' Meeting
8:40am	Coaches' Meeting	Coaches' Meeting
9:00am	O Canada and Land Acknowledgement	O Canada and Land Acknowledgement
9:05am	Racing Begins: Novice - Free and Fly	Racing Begins: Novice - Back and Breast
	Individual Events: 100/200 IM, 50 Free, 50/100 Fly	Individual Events: 50 Fly (Div 5+), Back, Breast, 100 Free
	Eliminator Races*	Mixed Free Relays*
	Medley Relays	
7:00pm	Air Band Competition in the Park	

* See below for details about Eliminator Races and Div 5+ Freestyle Mixed Relays.

Events:

Saturday Events			Sunday Events		
Event #	Divisions	Stroke	Event #	Divisions	Stroke
--	Mixed Novice	25m Free	–	Mixed Novice	25m Back
–	Mixed Novice	25m Fly	–	Mixed Novice	25m Breast
101	Girls: Div 1-3, O-Cat 1	100m IM	201	Girls: Div 5-7, O-Cat 2, O8	50m Fly
102	Boys: Div 1-3, O-Cat 1	100m IM	202	Boys: Div 5-7, O-Cat 2, O8	50m Fly
103	Girls: Div 4-7, O-Cat 2, O8	200m IM	203	Girls: Div 1-3, O-Cat 1	50m Back
104	Boys: Div 4-7, O-Cat 2, O8	200m IM	204	Boys: Div 1-3, O-Cat 1	50m Back
105	Girls: Div 1-3, O-Cat 1	50m Free	205	Girls: Div 4-7, O-Cat 2, O8	100m Back
106	Boys: Div 1-3, O-Cat 1	50m Free	206	Boys: Div 4-7, O-Cat 2, O8	100m Back
107	Girls: Div 4-7, O-Cat 2, O8	50m Free	207	Girls: Div 1-3, O-Cat 1	50m Breast
108	Boys: Div 4-7, O-Cat 2, O8	50m Free	208	Boys: Div 1-3, O-Cat 1	50m Breast
109	Girls: Div 1-4, O-Cat 1	50m Fly	209	Girls: Div 4-7, O-Cat 2, O8	100m Breast
110	Boys: Div 1-4, O-Cat 1	50m Fly	210	Boys: Div 4-7, O-Cat 2, O8	100m Breast
111	Girls: Div 5-7, O-Cat 2, O8	100m Fly	211	Girls: Div 1-3, O-Cat 1	100m Free
112	Boys: Div 5-7, O-Cat 2, O8	100m Fly	212	Boys: Div 1-3, O-Cat 1	100m Free
113-133	Boys/Girls: single divisions	Medley Relay	213	Girls: Div 4-7, O-Cat 2, O8	100m Free
			214	Boys: Div 4-7, O-Cat 2, O8	100m Free
			215-224	Mixed: single divisions	Free Relay

* Campbell River Salmon Kings reserve the right to cancel Saturday Eliminator Races and/or Medley Relays to accommodate the evening Air Band competition.

Meet Entries:

- **Div 1-4 and O-Cat 1** swimmers may enter **up to 6 individual events** and **2 relays**.
- **Div 5-7, O-Cat 2, and O-8** swimmers may enter **up to 7 individual events** and **2 relays**.
- Heats will be seeded from slowest to fastest in two groups: Division 1-3 and O-Cat 1 swimmers will be seeded together; Div 4-7, O-Cat 2, O-8 swimmers will be seeded together. Results will be separated based on division. Note: Div. 4 will race 50m Fly with Div 1-3/O-Cat 1 on Saturday.
- **Masters swimmers** (age 35+) who are registered with their local VI-BCSSA club are welcome to race at our meet in the O-8 category for these events: 50 free, 100 back, 50 fly, 100 breast.
- **Please ensure you are using the correct event numbers when you are entering your swimmers.** The meet has been set up so that multiple divisions swim in the same event. The entry screen in Active will not specify which division each event is for. Be sure to cross reference with the table above when completing your entries.

- **Novice 25m** events are for swimmers not yet capable of swimming 25m of that stroke in less than 30 seconds. Coaches, please use your discretion. Novice swimmers will not be entered electronically; please simply go to marshalling when called. Please include the expected number of novice swimmers for each event in your email with club entries.
- **Newer but Older Swimmers:** Newer swimmers in Div. 4 and up who are not yet ready to race 200m IM, 100m back, and/or 100 breast, are welcome to enter the 100m IM, 50m back, and/or 50m breast events for Div1-3, O-Cat 1 as EXHIBITION swimmers. These swimmers will not be scored/receive ribbons for these events. Please advise by email with your teams' entries.
- **Entry Times:** Swimmers should be entered with their BCSSA best times to ensure proper seeding. If a swimmer has never raced an event, they must be entered with No Time (NT).
- **Relays:** Relay entries can be included with your team's entry file or emailed any time before the meet. Changes or additional relay entries must be submitted to the Clerk of the Course no later than 9:00am on the day of the event.
- **Entry Deadline: 8:00pm on Tuesday, July 1st.** Early entries appreciated!
Email your entries to registrar@campbellriversalmonkings.ca Please include: your entry file, your team roster file, estimated numbers for novice races, notes about swimmers with disabilities or newer but older swimmers racing as exhibition swimmers.
- **Meet Fees:** \$9 per individual event, \$13 per relay, \$16 per deck entry, no charge for Novice 25m events or Eliminator Races
 - Clubs, please make cheques payable to *Campbell River Salmon Kings Swim Club* and **deliver payment by 12:00pm Sunday to the Clerk of the Course.** Unfortunately, we are unable to accept e-transfers.

Deck Entries:

- **Individual event deck entries** must be submitted to the Clerk of the Course by **8:00am** on the day of the event, using CRSK deck entry forms.
- Deck entries will be accepted at the discretion of the Clerk of the Course. No new heats will be created, deck entered swimmers will not be seeded, and may be fit into events where there is available space. Note: Late email entries prior to the meet are preferred over deck entries!
- **Relay changes or additional entries** can be submitted by **9:00am** on the day of the event.

Scratches:

Scratches should be submitted by **8:00am** each day to the Clerk of the Course, using the CRSK scratch form. No refunds will be issued for missed or scratched events.

Swimmers with Disabilities:

CRSK would like to ensure that our meet is as inclusive as possible. To help us with this, Coaches should communicate with the Meet Manager prior to the start of the meet about any swimmer(s) with disabilities who require accommodation(s). Details via email are appreciated.

Eliminator Races:

The Eliminator Race is a fun competition that tests swimmers' speed and endurance. There will be five Eliminator Races held: Jr. Girls (Div 1-3), Jr. Boys (Div. 1-3), Sr. Girls (Div 4-7), Sr. Boys (Div 4-7), and Open Mixed (O-Cat 1, 2, O-8). The fastest six times in IM races for each of the four groups will qualify for their respective Eliminator Race. For each Eliminator field, swimmers will race up to five

50m races (of selected IM strokes - details announced at the meet), with the slowest swimmer eliminated each time. The last remaining swimmer is named the Eliminator Champion.

Relays:

All BCSSA rules will apply, except as specified here: Saturday Medley relays are regular girls' and boys' relays. Sunday relays are Mixed Freestyle relays. Teams must have a minimum of one male and one female on each team. Div 1-4 and O-Cat 1 Mixed Free relays will be run as regular races, with ribbons awarded. Given the long-standing spirit of the CRSK meet, Div 5-8 and O-Cat 2 Mixed Free relays will be fun races and run as **exhibition only**. Safety is paramount, there is a 4-minute maximum race length, and there will be no ribbons awarded.

Results:

Meet results will be posted at the pool, on MeetMobile, and emailed to participating clubs.

Awards:

Individual Events	Ribbons for 1 st to 6 th
Relays	Ribbons for 1 st to 3 rd
Novice 25m Races	Participation Ribbons and Goodies

As per VI Regional Policy, no positional awards or race times will be provided or posted for Novice 25m events.

Timers and Officials:

Each club will be responsible for providing timers each day. A timer sign-up sheet will be posted at the pool each morning. Timing shifts will be 2 hours long. Timers are asked to bring their own water bottle/coffee cup for refilling.

Officials from all clubs are encouraged to help out, please. We appreciate your time and expertise!

Food Services:

- **CONCESSION:** Our CRSK Concession will **open each morning at 7:00am** starting with coffee/tea, breakfast sandwiches, and pancakes. Lunch (veggie and meat burgers, hot dogs, grilled cheese, salad) and snacks will also be available throughout the meet.
- **Water Bottle Filling:** There is a brand new water bottle filling station available in the main hallway of the pool building. Signs will be posted to help you find it. Please bring your own water bottle!
- **Volunteers and Coaches:** Light snacks and refreshments will be provided. Please bring your own water bottle / cup for refilling.
- All food served at our meet will be **nut-free, including peanuts**. Coaches: please avoid bringing any foods containing peanuts onto the pool deck or into the coaches' area.

Meet Conduct:

- Please obey the rules of the pool and respect the lifeguards and officials/volunteers.
- **Spectator space around the pool is limited**, so once your swimmer has raced, please leave the bleachers open for others, and return when your swimmer races again later.
- **No glass** bottles or containers are allowed on the pool deck.
- **NO DOGS are allowed** anywhere in Centennial Park (including the pool), as per City of Campbell River Bylaw.

- **Change Rooms** will be open to SWIMMERS and OFFICIALS only. Spectators and volunteers, please use the portable toilets (outside the pool fence, behind the slide) or the single-use restroom located on the back side of the main pool building.

Air Band Competition:

- Will be held at **7:00pm on Saturday in Centennial Park**.
- This year's theme for song choice is Classic Rock 🎸
- It is preferred that each club enters only one performance, however if a club has many swimmers attending the meet, up to two entries will be allowed (one Junior and one Senior).
- All Air Band **songs must be pre-approved** by the Salmon Kings Head Coach. Email your song selection (song name and file) and club name for approval to coach.ricky@campbellriversalmonking.ca **by noon on Saturday, June 28th**. You will be emailed with approval (or denial) on or before 11:59 pm Sunday, June 29th.
- This is a family event! Songs must be age-appropriate, not contain explicit lyrics, and must be under 4 minutes long. NO MASHUPS are allowed. To ensure variety, song choices will be denied if another club has already chosen that song – no duplicates. First come, first approved – get your song choices in early. Please have a second song choice just in case (you can email it at the same time).
- **Air Band Entry forms must be handed to the Clerk of the Course by 11:00am on Saturday. A USB data stick is only required if the song is altered in any way from the original (if so, provide it with your entry form). If it is the original, then we can download it; please let us know the title and the artist.** There is a **\$25 fee per Air Band entry**. Please deliver payment to the Clerk of the Course (with your meet fee payment).

Team Tents:

Team (day) tents may be erected on the lower (gently sloping) grassy areas of Centennial Park outside the fenced **POOL AREA**. Team tents are not permitted in the camping area as flat space is limited. CRSK cannot assume any responsibility for tents/belongings left unsupervised in the park.

Overnight Camping for Visiting Clubs:

The City of Campbell River continues to graciously support our request for **camping in Centennial Park** again this year.

- Please email (treasurer@campbellriversalmonkings.ca) **your camping request as soon as possible. Deadline for booking is Sunday June 29th at 8:00 pm**. You will receive an email in response requesting further information. Please note that RV Parking is limited.
- **Check-in is available from 6:00pm on Friday**. Please speak with the Camping Manager when you arrive on-site **BEFORE** you set up.
- **Vehicles and RVs are** permitted on-street parking around the park perimeter but **are NOT permitted on the grass** except as directed by the Camping Manager.
- All tents must be weighed down with rocks/sand/concrete. **If pegs/stakes are required, approval must be received** from the Camping Manager to ensure they do not impact underground services.
- There are **no water, electrical, or sewer hook-ups** available.
- There is a single restroom on the back of the outside of the pool building AND portable toilets available (located behind the slide). **No showers are available for campers.**

- Recycling and garbage facilities are available in the park. Please remove all waste from your area prior to leaving the site.
- **No dogs** are permitted in Centennial Park by City Bylaw.
- **No fires** are allowed anywhere in or around the Park. The use of propane BBQs/stoves is allowed but must be off the grass (by Order of City Bylaw and the Fire Chief). This will be strictly enforced.
- Our **concession will open at 7:00am for breakfast on both days** - please support us!
- Please respect our residential neighbours and adhere to the City Noise Bylaws. **Quiet time is 10:00pm – 6:00am.**
- The **camping fee is \$70 per family for the weekend or \$40 per family for one night.** The fee per family includes up to 5 people, one RV, or one or two tents. Costs help cover our camping/overnight parking permits, renting portable toilets, and overnight security.

Other Accommodation Options:

- For other local accommodation options, including alternative campgrounds, please visit the Destination Campbell River website: <https://campbellriver.travel/stay/>

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