



Campbell River Salmon Kings Invitational Swim Meet July 4th – 5th, 2026

Location: Centennial Outdoor Pool, 230 4th Ave., Campbell River
Course: 25 metres, 6 lanes, starting blocks, Dolphin Timing System
Meet Manager: Lisa Walls (past.president@campbellriversalmonkings.ca)
Meet Referee: Ed Walls

Disclaimer: *Statements made in this meet package shall not override any BCSSA or Vancouver Island Regional rule or policy.*

Meet Type:

Timed finals. Heats for individual events will be seeded, by gender, into two groups (Junior and Senior) according to entry times with results separated by Division/Category.

Junior swimmers will be marshalled. Senior swimmers self-marshall to the correct starting block on time for their races. All relays will be marshalled. *Announcements are courtesy calls only.*

Meet Schedule:

TIME	SATURDAY	SUNDAY
8:00am	Deck entries and scratches due	Deck entries and scratches due
7:40am	Warm-Up: Host Club	Warm-Up: Host Club
8:00am	Warm-Up: Group A	Warm-Up: Group B
8:20am	Warm-Up: Group B	Warm-Up: Group A
8:20am	Officials' Meeting	Officials' Meeting
8:40am	Coaches' Meeting	Coaches' Meeting
9:00am	O Canada and Land Acknowledgement	O Canada and Land Acknowledgement
9:05am	Racing Begins: Novice - Free and Fly	Racing Begins: Novice - Back and Breast
	Individual Events: 100/200 IM, 50 Free, 50/100 Fly	Individual Events: 50 Fly (Div 5+), Back, Breast, 100 Free
	Eliminator Races*	Mixed Free Relays*
	Medley Relays	
7:00pm	Air Band Competition in the Park	

* See below for details about Eliminator Races and Div 5+ Mixed Freestyle Relays.

Events:

Saturday Events			Sunday Events		
Event #	Divisions	Stroke	Event #	Divisions	Stroke
--	Mixed Novice	25m Free	–	Mixed Novice	25m Back
–	Mixed Novice	25m Fly	–	Mixed Novice	25m Breast
101	Girls: Div 1-3, O-Cat 1	100m IM	201	Girls: Div 5-7, O-Cat 2, O8	50m Fly
102	Boys: Div 1-3, O-Cat 1	100m IM	202	Boys: Div 5-7, O-Cat 2, O8	50m Fly
103	Girls: Div 4-7, O-Cat 2, O8	200m IM	203	Girls: Div 1-3, O-Cat 1	50m Back
104	Boys: Div 4-7, O-Cat 2, O8	200m IM	204	Boys: Div 1-3, O-Cat 1	50m Back
105	Girls: Div 1-3, O-Cat 1	50m Free	205	Girls: Div 4-7, O-Cat 2, O8	100m Back
106	Boys: Div 1-3, O-Cat 1	50m Free	206	Boys: Div 4-7, O-Cat 2, O8	100m Back
107	Girls: Div 4-7, O-Cat 2, O8	50m Free	207	Girls: Div 1-3, O-Cat 1	50m Breast
108	Boys: Div 4-7, O-Cat 2, O8	50m Free	208	Boys: Div 1-3, O-Cat 1	50m Breast
109	Girls: Div 1-4, O-Cat 1	50m Fly	209	Girls: Div 4-7, O-Cat 2, O8	100m Breast
110	Boys: Div 1-4, O-Cat 1	50m Fly	210	Boys: Div 4-7, O-Cat 2, O8	100m Breast
111	Girls: Div 5-7, O-Cat 2, O8	100m Fly	211	Girls: Div 1-3, O-Cat 1	100m Free
112	Boys: Div 5-7, O-Cat 2, O8	100m Fly	212	Boys: Div 1-3, O-Cat 1	100m Free
113-133	Boys/Girls: single divisions	Medley Relay	213	Girls: Div 4-7, O-Cat 2, O8	100m Free
			214	Boys: Div 4-7, O-Cat 2, O8	100m Free
			215-224	Mixed: single divisions	Free Relay

* Campbell River Salmon Kings reserve the right to cancel Saturday Eliminator Races and/or Medley Relays to accommodate the evening Air Band competition.

Meet Entries:

- **Div 1-4 and O-Cat 1** swimmers may enter **up to 6 individual events** and **2 relays**.
- **Div 5-7, O-Cat 2, and O-8** swimmers may enter **up to 7 individual events** and **2 relays**.
- Heats will be seeded from slowest to fastest in two groups: Junior (Div 1-3 and O-Cat 1); Senior (Div 4-7, O-Cat 2, O-8 swimmers), by gender. Results will be separated based on division. Note: Div. 4 swimmers will race 50m Fly with Junior swimmers on Saturday.
- **Masters swimmers** (O-10, age 35+) who are registered with their local VI-BCSSA club are welcome to race in the O-8 category for these events: 50 Free, 100 Back, 50 Fly, 100 Breast.
- **Please ensure you are using the correct event numbers when you are entering your swimmers.** The meet has been set up so that multiple divisions swim in the same event. The entry screen in Active will not specify which division each event is for. Be sure to cross reference with the table above when completing your entries.

- **Novice 25m** events are for swimmers not yet capable of swimming 25m of that stroke in less than 30 seconds. Coaches, please use your discretion. Novice swimmers will not be entered electronically; please simply go to marshalling when called. Please include the expected number of novice swimmers for each event in your email with club entries.
- **Newer but Older Swimmers:** Newer swimmers in Div. 4 and up who are not yet ready to race 200m IM, 100m back, and/or 100 breast, are welcome to enter the 100m IM, 50m back, and/or 50m breast events (Junior) as EXHIBITION swimmers. These swimmers will receive a time, but will not be scored/receive ribbons for these events. Please advise by email with your teams' entries.
- **Entry Times:** Swimmers should be entered with their BCSSA best times to ensure proper seeding. If a swimmer has never raced an event, they must be entered with No Time (NT).
- **Relays:** Relay entries can be included with your team's entry file or emailed any time before the meet. Changes or additional relay entries must be submitted to the Clerk of the Course no later than 9:00am on the day of the event.
- **Entry Deadline: 5:00pm on Monday, June 29th.** Early entries appreciated!
Email your entries to past.president@campbellriversalmonkings.ca Please include: your entry file, your team roster file (for deck entries), estimated numbers for novice races, notes about any swimmers with disabilities or newer but older swimmers racing as exhibition in junior events.
- **Meet Fees:** \$9 per individual event, \$13 per relay, \$20 per deck entry, no charge for Novice 25m events or Eliminator Races. **Payment due to Clerk of Course by 12:00pm Sunday.** Please pay by e-transfer to payment@campbellriversalmonkings.ca or by cheque payable to *Campbell River Salmon Kings Swim Club*.
- **Deck entries** must be submitted to the Clerk of the Course by **8:00am** on the day of the event, using CRSK deck entry forms. Deck entries will be accepted at the discretion of the Clerk of the Course to fill empty lanes only. No new heats will be created. Note the deck entry fee above.
- **Relay changes or additional relay entries** can be submitted by **9:00am** on the day of the event.

Scratches:

Scratches should be submitted by **8:00am** each day to the Clerk of the Course, using the CRSK scratch form. No refunds will be issued for missed or scratched events.

Swimmers with Disabilities:

CRSK would like to ensure that our meet is as inclusive as possible. To help us with this, Coaches should communicate with the Meet Manager prior to the start of the meet about any swimmer(s) with disabilities who require accommodation(s). Details via email are appreciated.

Eliminator Races:

The Eliminator Race is a fun competition that tests swimmers' speed and endurance. There will be four or five Eliminator Races held: Jr. Girls (Div 1-3), Jr. Boys (Div. 1-3), Sr. Girls (Div 4-7), Sr. Boys (Div 4-7), plus an Open Mixed (O-Cat 1, 2, O-8) if sufficient numbers allow. The fastest six times in the IM races for each of the groups will qualify for their respective Eliminator Race. For each Eliminator field, swimmers will race up to four 50m races (one of each stroke, by draw). Each race must be swum according to the usual rules. The slowest two swimmers are eliminated after the first race, followed by the slowest swimmer in each race thereafter. The last remaining swimmer is named the Eliminator Champion.

Relays:

All BCSSA rules will apply, except as specified here: Saturday Medley relays are regular girls' and boys' relays, with ribbons/points awarded. Sunday Mixed Freestyle relays require a minimum of one male and one female on each team. Sunday's Div 1-4 and O-Cat 1 Mixed Free relays will be run as regular races, with points/ribbons awarded. Given the long-standing spirit of the CRSK meet, Div 5-7, O-Cat 2, and O-8 Mixed Free relays will be fun races and run as **exhibition only**. Safety is paramount; there is a 4-minute maximum race length; no points/ribbons will be awarded. When possible, junior swimmers should swim in the Sunday Div 1-4/O1 relays rather than the Div 5 and up relays, which are meant for senior swimmers only.

Results:

Meet results will be posted at the pool, uploaded to MeetMobile, and emailed to participating clubs.

Awards:

Individual Events	Ribbons for 1 st to 6 th	(Div 1-6, O-Cat 1-2 only)
Relays	Ribbons for 1 st to 3 rd	
Novice 25m Races	Participation Ribbons and Goodies	

As per VI Regional Policy, no race times or positional awards will be provided for Novice 25m events.

Timers and Officials:

Each club will be responsible for providing timers each day. A timer sign-up sheet will be posted at the pool each morning. Timing shifts will be 2 hours long. Officials from all clubs are encouraged to help out, please. We appreciate your time and will provide food and beverages!

Food Services:

- **CONCESSION:** Our CRSK Concession will **open each morning at 7:00am** starting with coffee/tea, breakfast sandwiches, and pancakes. Lunch (veggie and meat burgers, hot dogs, grilled cheese, salad) and snacks will also be available throughout the meet.
- **Drinking Water:** There is a water bottle filling station available in the hallway of the pool building.
- **Coaches/Volunteers:** Light snacks and beverages provided.
- All food served at our meet will be **nut-free (including peanuts)** due to a severe airborne allergy. Please avoid bringing any foods containing peanuts onto the pool deck.
- **SATURDAY DINNER:** NEW in 2026 - CRSK is bringing back a Saturday Team Dinner option.
 - Visiting Clubs can pre-book a Team Dinner for Saturday
 - Minimum of 10 people per booking
 - Available time slots: 5:00pm, 5:30pm, and 6:00pm
 - Dinner Options: 1. Pizza (Cheese, Pepperoni, Veggie) or 2. Burger (Beef or Veggie) or 3. Hot Dog or 4. Chillie con Carne.
 - Included: drink and small bag of chips, sliced watermelon
 - Cost: \$12 per Child up to 12 years. \$15 ages 12 years and up; Pre-Pay only
 - Email (treasurer@campbellriversalmonkings.ca) your Saturday Dinner request as soon as possible.
 - Deadline for booking is Friday June 26th at 8:00 pm

Meet Conduct:

- Please obey the rules of the pool and respect the lifeguards and officials/volunteers.
- **Spectator space around the pool is limited**, so once your swimmer has raced, please leave the bleachers open for others, and return when your swimmer races again later.
- **No glass** bottles or containers are allowed on the pool deck.
- **NO DOGS are allowed** anywhere in the surrounding Centennial Park (and the pool facility), as per City of Campbell River Bylaw. Bylaw Officers visit regularly and enforce this rule.
- **Change Rooms** are open to SWIMMERS and OFFICIALS only. Spectators and volunteers, please use the portable toilets (outside the pool fence) or the single-use restroom located on the back side of the main pool building.

Air Band Competition:

- Will be held at **7:00pm on Saturday in Centennial Park**.
- This year's theme for song choice is The Early 2000s (songs from 2000-2009)
- Most clubs will enter one performance, however if a club has a large number of swimmers attending the meet, up to two entries will be allowed (one Junior and one Senior).
- This is a family event! Songs must be age-appropriate, not contain explicit lyrics, and must be under 4 minutes long. NO MASHUPS are allowed. To ensure variety, song choices will be denied if another club has already chosen that song – no duplicates. First come, first approved – get your song choices in early. Please have a second song choice ready just in case (you can send it at the same time).
- All Air Band **songs must be pre-approved** by the Salmon Kings Head Coach. Send your song selection and club name for approval to Hannah (coach.hannah@campbellriversalmonking.ca) **by noon on Saturday, June 27th**.
- **Air Band Entry forms** must be handed to the Clerk of the Course **by 11:00am on Saturday**. If the song being used is the original, we can download it (please let us know the title and artist on the entry form). If the song is altered in any way, please provide a USB data stick with your entry form. There is a **\$25 fee per Air Band entry**. Please deliver payment to the Clerk of the Course (with your meet fee payment).

Team Tents:

Team (day) tents may be erected on the lower (gently sloping) grassy areas of Centennial Park outside the fenced **POOL AREA**. Team tents are not permitted in the camping area as flat space is limited. CRSK cannot assume any responsibility for tents/belongings left unsupervised in the park.

Overnight Camping for Visiting Clubs:

The City of Campbell River continues to graciously support our request for **camping in Centennial Park** again this year.

- Please email (treasurer@campbellriversalmonkings.ca) **your camping request as soon as possible. Deadline for booking is Friday June 26th at 8:00 pm**. You will receive an email in response requesting further information. RV and tent reservations are available on a first-come, first-serve basis. Space is limited.
- **Check-in is available from 5:00pm on Friday**. Please speak with the Camping Manager, Stefan Herscler when you arrive on-site **BEFORE** you set up.

- **Vehicles and RVs are** permitted in the on-street parking areas around the park perimeter **ONLY and are NOT permitted on the grass**, except as directed by the Camping Manager.
- All tents must be weighed down with rocks/sand/concrete. **No pegs/stakes are allowed** due to underground services.
- There are **no water, electrical, or sewer hook-ups nor picnic tables** available.
- There is a single restroom on the back of the outside of the pool building AND portable toilets are available in the park. No showers are available for campers.
- Recycling and garbage facilities are available in the park. Please remove all waste from your area prior to leaving the site.
- **No dogs** are permitted in Centennial Park, by City Bylaw. This includes camping parties. Bylaw officers visit during our meet and will be enforcing this rule this year.
- **No fires** are allowed anywhere in or around the Park. The use of propane BBQs/stoves is allowed but must be off the grass (by Order of City Bylaw and the Fire Chief). This will be strictly enforced.
- Our **concession will open at 7:00am for coffee and breakfast on both days** - please support us!
- Please respect our residential neighbours and adhere to the City Noise Bylaws. **Quiet time is 10:00pm – 6:00am.**
- The **camping fee is \$80 per family for the weekend or \$45 per family for one night.** The fee per family includes up to 5 people, one RV, or one or two tents. Additional people per family will be charged an extra \$5 per night. These fees help to cover our costs for the camping/overnight parking permits, renting portable toilets, and overnight security.

Other Accommodation Options:

- For other local accommodation options, including alternative campgrounds, please visit the Destination Campbell River website: <https://campbellriver.travel/stay/>

CRSK are grateful to all of our generous 2026 sponsors:

Gold: Elvora Wellness & More, Mowi		
Silver:		Bronze:
Alitis Investments	Madrone Mental Health	A Cut Above Design Group
Boleyn Media	Mend BodyWorks	Active Living Physiotherapy
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CR Medical Aesthetics	Power Serve	McDonald's Campbell River
Crowne Pacific	Rehabilitation Station	Tactical Traffic Control Ltd
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